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## **MINUTES OF A MEETING OF THE HEALTH & WELLBEING BOARD Committee Room 3B - Town Hall 27 November 2019 (1.00 - 2.45 pm)**

### **Present:**

**Elected Members:** Councillor Jason Frost (Chairman)

**Officers of the Council:** Barbara Nicholls, Director of Adult Services and Mark Ansell, Director of Public Health

**Havering Clinical Commissioning Group:** Dr Atul Aggarwal, Chair, Havering Clinical Commissioning Group, and Steve Rubery, Director of Commissioning & Performance, BHR CCGs.

**Other Organisations:** Anne-Marie Dean Executive Chairman, Healthwatch Havering and Jacqui Van Rossum, Executive Director Integrated Care, NELFT

**Also Present:** Patrick Odling-Smee, Director of Housing, London Borough of Havering, Elaine Greenway, Public Health Consultant, London Borough of Havering, Rebecca Smith, Senior Commissioner & Projects Manager, London Borough of Havering and Shelley Hart, Chief Executive Officer, Havering Volunteer Centre.

All decisions were taken with no votes against.

The Chairman reminded Members of the action to be taken in an emergency.

### **35 APOLOGIES FOR ABSENCE**

Apologies were received for the absence of Councillor Damian White, London Borough of Havering, Councillor Robert Benham, London Borough of Havering, Councillor Nisha Patel, London Borough of Havering, Andrew Blake-Herbert, Chief Executive, London Borough of Havering, Robert South, Director of Children's Services, London Borough of Havering, Ceri Jacobs, Managing Director, BHR CCGs, Fiona Peskett, Director of Provider Alliances, BHRUT and James Moore, Head of Delivery, Improvement and Transformation NHS England

### **36 DISCLOSURE OF INTERESTS**

There were no disclosures of interest.

### **37 MINUTES AND ACTION LOG**

The minutes of the meeting of the Board held on the 9<sup>th</sup> September 2019 were agreed as a correct record and signed by the Chairman.

The following was noted in respect of the action log:

- The consultation report was being finalised and the action log was signed off.

### **38 LOCAL AREA CO-ORDINATION**

The report presented to the Board gave detail on the development of Local Area Co-ordination in Havering.

Members noted that the Co-ordinators will support people of any age who have problems including mental health, disabilities and social isolation. Co-ordinators aim to ensure individuals and families who do not need statutory services are supported to access social support within their local communities. Three Co-ordinators will be recruited in January 2020 who will start in Harold Hill. Co-ordinators will be recruited by the community; people who live in the local area choose who they would like to have as their Local Area Coordinator. Coordinators live in the local area and so understand what it is like to be a Havering resident, know the community and the people who live there. Members also noted that the Co-ordinators will build connections within the community and will signpost people to volunteering opportunities.

The Board stated that Local Area Co-ordination is a multi-agency partnership approach.

The Board noted the report and presentation.

### **39 COMPENDIUM CONNECTORS MODULE: SOCIAL PRESCRIBING**

The report before the Board gave an update to the Social Prescribing Module launch in Havering.

The members of the Board noted that the Havering Volunteer Centre opened in 2015 and it now has over 4000 volunteers with 1 in 4 attaining paid employment. It was noted that the financial value of volunteering in Havering has been calculated to be approximately £13 million. It was also noted that the Volunteer Centre has connections to over 240 voluntary organisations.

The Board agreed that social prescribing reduces the stress on GPs, the NHS and other services and that it reduces loneliness and social isolation across all age groups. The Volunteer Centre's compendium connectors' module will firstly target Harold Hill, Romford and Rainham and will aim to create a socially connected Havering.

40 **TOBACCO HARM REDUCTION DRAFT STRATEGY**

The Board received a draft Tobacco Harm Reduction Strategy which provided an outline of the approach Havering should take to reduce the prevalence of smoking.

The Board noted that the Strategy aims to reduce the harm of smoking tobacco through:

- Smoke-free pregnancies,
- Preventing children from taking up smoking,
- Reducing exposure to second-hand smoking,
- Increasing the rate at which adults quit smoking, and;
- Protecting the esteem of smokers with mental health problems.

Members of the Board noted that smoking costs £4.6 million to Havering businesses per annum and the Board also noted that this has an impact on disposable income for households.

The Tobacco Harm Reduction Strategy was also presented as an exemplar for how future strategies might be presented to the Board.

**It was agreed that** strategies should describe between 4 and 12 key indicators of success, summarise information about the partnership that will deliver the strategy, and set out approximately four milestones for the forthcoming year. Authors will provide RAG updates on progress against the milestones for each HWB meeting.

41 **ANY OTHER BUSINESS**

There was no other business.

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**Chairman**

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